




PERSONAL INFORMATION

HÎLMA ELENA









Female Sex | Date of birth | Nationality Romanian

JOB APPLIED FOR
POSITION
PREFERRED JOB
STUDIES APPLIED FOR
PERSONAL STATEMENT

University of Oradea, Faculty of Environmental Protection, Department of Food Product Engineering

WORK EXPERIENCE

...1984 – 1989 F.P.L. Zalău, milk processing factory, technologist engineer
...1989 – 2001 L.U.S.O. Oradea, milk processing factory, technologist engineer, laboratory
...2001 – 2002 S.C. Cîmpaneii Prest S.R.L. Mierlău Bihor, milk processor, technologist engineer
...2002 – 2004 S.C. Biolact S.R.L. Paleu Bihor, milk processor, technologist engineer
...2004 – 2008 A.S.P. Bihor, laboratory of microbiology, laboratory
...2004-2008 Univ. Of Oradea, Fac. de Protecția Mediului, teaching course, laboratory and project, subjects: Milk and milk quality control, Milk and dairy technology.

Replace with dates (from - to)

2009 - present

Lecturer Doctor

Didactic activity at: Milk and milk quality control, Milk and dairy technology.

University of Oradea, Faculty of Environmental Protection, Department of Food Products Engineering. Higher Education.

2005-2009

Accounting

Economist, implementation of accounting.

SC SILENA COM SRL, Oradea
Public catering.

EDUCATION AND TRAINING

Replace with dates (from - to)

2007-2012

Doctor

University of Dunărea de Jos Galati, Faculty of Food Science and Engineering

2007 – 2008
Master's degree
 UNIVERSITY OF Oradea, Teacher training

1979 – 1984
 Engineer
 UNIVERSITY OF GALATI, Faculty of Food Technology and Chemistry

Tehnologia Și Chimia Produselor Alimentare Și Tehnică Piscicolă Galați

1975 – 1979
Baccalaureate
 The industrial high school no.5

PERSONAL SKILLS

Perseverance, tenacity, managerial skills, desire for knowledge, creativity, emotivity, team spirit, perfection.

Mother tongue(s) **Romanian**

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English Language	B ₂	B ₂	B ₂	B ₂	B ₂
French Language	B ₁	B ₁	B ₁	B ₁	B ₁

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
Common European Framework of Reference for Languages

Communication skills

Communication, co-operation, teamwork: by completing the courses of the psycho-pedagogical and methodical training, by participating in scientific conferences in the country and abroad.

Job-related skills

Publications: two specialized books, a specialized didactic material for the use of students, in electronic form, a practical booklet in the national publishing house; 42 articles in national / international journals and conferences.

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient User	Proficient User	Proficient User	Proficient User	Proficient User

Levels: Basic user - Independent user - Proficient user
Digital competences - Self-assessment grid

Other skills

Using personal computers (Office-Word, Excel, Power Point, Windows) good; surfing the internet and using multimedia equipment. Designing and conducting experiments, operating laboratory equipment.

Driving licence

B

ADDITIONAL INFORMATION

Member A.S.I.A.R (Association of Food Industry Specialists in Romania).
member of the research project CNCISIS-UEFISCSU, draft PN II-IDEI, ID-679/2008, no. 1082/2009 .;
STUDY AND OPTIMIZATION OF TECHNOLOGICAL AND NUTRITIONAL FACTORS FOR THE
FUNCTIONING OF FUNCTIONAL FOOD ADMITTED TO ACIDS OMEGA 3 AND CLA (LINOLEIC
CONJUGATE ACID) FATS IN OVINE, 2009-2011.Responsible for the project co-financed by the
European Social Fund through the Sectoral Operational Program for Human Resources Development
2007 - 2013 Priority axis: No.1 "Education and training in support of economic growth and the
development of the knowledge society" Major area of intervention: 1.5 " Doctoral and post-doctoral
research support "Project title:" Doctoral scholarships for increasing the quality of training of young
researchers in agronomic and veterinary medicine "Contract code: POS-DRU / 88 / 1.5 / S / 52614.

Date, 09.01.2019