# A STUDY ON THE EVOLUTION OF DEMOGRAPHIC CHANGES WITHIN THE ELDERLY POPULATION OF BIHOR COUNTY 

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#### Abstract

The evolution of a population is assured by its renewal through births, deaths and migratory movements. Demography studies phenomena and processes that unfold within a population, for its geographical allotment, its structure and movements, as well as for the detection of the laws that rule it and the tendencies of its further development. The constant increase of the number of older persons within the general structure of the population is determined by a phenomenon called population aging, which is characteristic to Romania and Bihor County. The demographic study of the Bihor County population reveals a decline of general population within 2005-2009, while, during this period, the number of the elders is slightly increased in relation to the entire population.


Key words: elderly population, demography, state of health

## INTRODUCTION

Over the last decades, a series of changes have been produced within the general structure of the population in our country. Due to the social and economic development, the boost of the living standards, the measures that have been taken to improve the sanitary system and the overall development of the medicine, the life expectancy, which is the median age of our country, has increased (MS - CCSSDM, 2008). By reason of these factors, a series of changes have bechanced within the age group structure of the population, showing an increase of the elders balance within the general population. Aim: The aim of the present work is to follow the various demographic aspects that regard the elder population, leading to the identification of some specific peculiarities of this population group.

## MATERIAL AND METHOD

The present work is a demographic study which regards the evolution of the number of elders in Bihor County within a period between 2005 and 2009, both in urban and rural areas, by sexes. Given that O.N.U. recommendation of the lower age limit by which a person could be called an elder is 65 years old (Enachescu D., et al, 1998), we have respected this recommendation in our study and thus all the materials and methods used in the present study of the elder population refer to the population elder than 65 years old. In order to measure the aging degree of the Bihor County population we have used the following methods: the relation between the
number of the elders and the number of the children, the balance of the population that has crossed the age of 65 within the entire population of the country.

## RESULTS AND DISSCUSIONS

The study of demographic evolution of the elder population in Bihor County underlines a few peculiar aspects. The analysis of the statistic data regarding the demographic evolution of the elder population in Bihor County revealed the following results, inserted in the tables below:

Table 1
The elderly population between 2005-2009, in Bihor County

| Year | General <br> population | Elderly population lder <br> population that has <br> crossed the age of 65 | The balance of <br> elder <br> population(\%) | The relation between the <br> number of elders and number <br> of children |
| :---: | :---: | :---: | :---: | :---: |
| $\mathbf{2 0 0 5}$ | 595685 | 85545 | 14,36 | 0,59 |
| $\mathbf{2 0 0 6}$ | 594982 | 85529 | 14,37 | 0,60 |
| $\mathbf{2 0 0 7}$ | 594131 | 85252 | 14,34 | 0,618 |
| $\mathbf{2 0 0 8}$ | 593431 | 85381 | 14,38 | 0,625 |
| $\mathbf{2 0 0 9}$ | 593055 | 84819 | 14,30 | 0,63 |

Table 2
The elderly population by age groups and sexes, between 2005 and 2009 in Bihor County

| Year | Overall number of persons by group |  |  | Sex |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | M |  |  | F |  |  |
|  | $\begin{aligned} & \begin{array}{l} 65-69 \\ \text { years } \end{array} \\ & \hline \end{aligned}$ | $\begin{aligned} & 70-79 \\ & \text { years } \\ & \hline \end{aligned}$ | 80 years and more | $\begin{aligned} & \hline 65-69 \\ & \text { years } \\ & \hline \end{aligned}$ | $\begin{aligned} & 70-79 \\ & \text { years } \end{aligned}$ | 80 years and more | $\begin{aligned} & \hline 65-69 \\ & \text { years } \end{aligned}$ | $70-79$ years | 80 years and more |
| 2005 | 29290 | 42334 | 13931 | 12404 | 17439 | 5175 | 16886 | 24822 | 8756 |
| 2006 | 28710 | 42581 | 14238 | 12190 | 17458 | 5280 | 16520 | 24895 | 8958 |
| 2007 | 27441 | 42917 | 14894 | 11474 | 17519 | 5465 | 15679 | 25123 | 9429 |
| 2008 | 27059 | 43122 | 15200 | 11410 | 17452 | 5596 | 15649 | 25398 | 9604 |
| 2009 | 25580 | 43362 | 15877 | 10866 | 17383 | 5885 | 14714 | 25979 | 9992 |

Table 3
The evolution of the number of elderly population by age groups, in urban areas and by sexes between 2005-2009

| Year | Overall number of persons by group in Urban Areas |  |  | Sex |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | M |  |  | F |  |  |
|  | $\begin{aligned} & 65-69 \\ & \text { years } \end{aligned}$ | $\begin{aligned} & 70-79 \\ & \text { years } \end{aligned}$ | 80 years and more | $\begin{aligned} & 65-69 \\ & \text { years } \\ & \hline \end{aligned}$ | $\begin{aligned} & 70-79 \\ & \text { years } \end{aligned}$ | 80 years and more | $\begin{aligned} & 65-69 \\ & \text { years } \end{aligned}$ | $\begin{aligned} & \mathbf{7 0 - 7 9} \\ & \text { years } \\ & \hline \end{aligned}$ | 80 years and more |
| 2005 | 11980 | 15420 | 5038 | 5008 | 6207 | 1672 | 6951 | 10213 | 3366 |
| 2006 | 11833 | 15744 | 5255 | 5029 | 6298 | 1712 | 6838 | 9446 | 3510 |
| 2007 | 11936 | 16131 | 5491 | 5019 | 6460 | 1799 | 6917 | 9671 | 3692 |
| 2008 | 11838 | 16390 | 5623 | 5016 | 6491 | 1866 | 6822 | 9899 | 3757 |
| 2009 | 11400 | 16781 | 5881 | 4841 | 6566 | 2005 | 6559 | 10215 | 3876 |

The evolution of the number of elderly population by age groups, in rural areas and by sexes between 2005-2009

| Year | Overall number of persons by group in Rural Areas |  |  | Sex |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | M |  |  | F |  |  |
|  | $\begin{aligned} & \hline 65-69 \\ & \text { years } \end{aligned}$ | $\begin{aligned} & \hline 70-79 \\ & \text { years } \\ & \hline \end{aligned}$ | 80 years and more | $\begin{aligned} & \hline 65-69 \\ & \text { years } \end{aligned}$ | $\begin{aligned} & \hline 70-79 \\ & \text { years } \\ & \hline \end{aligned}$ | 80 years and more | $\begin{aligned} & \hline 65-69 \\ & \text { years } \\ & \hline \end{aligned}$ | $\begin{aligned} & 70-79 \\ & \text { years } \end{aligned}$ | 80 years and more |
| 2005 | 17310 | 26914 | 8893 | 7375 | 6980 | 3503 | 9935 | 15682 | 5390 |
| 2006 | 16877 | 26837 | 8983 | 7195 | 11160 | 3535 | 9682 | 15677 | 5448 |
| 2007 | 15505 | 26786 | 9403 | 6455 | 11059 | 3666 | 9050 | 15727 | 5737 |
| 2008 | 15221 | 26732 | 9577 | 6394 | 10961 | 3730 | 8827 | 15771 | 5847 |
| 2009 | 14180 | 26581 | 9996 | 6025 | 10817 | 3880 | 8155 | 15764 | 6116 |

The number of elderly population in Bihor County is subject to a decline between 2005-2009, but in relation to the entire population of the county, it is noticeable that this decrease is not that significant, as well the decrease of the number of the entire population (MS-CCSSDM 2007-2008).


Fig.1. Evolution of the general and elderly population in Bihor County between 2005-2009
As for the age groups, it is also found that the elderly population is subject to a decrease. Thus, within the 65-69 age group, the number of the elders decreases from 29492 in 2005 to 25580 in 2009. The latter group reveals a decrease of the number of male elders in relation to the number of female elders. In 2005 the rate of male elders from this group was $42 \%$, meanwhile the female population represented $58 \%$ of the overall population within the 65-69 age group. Regarding the two descent areas: urban and rural; the number of elderly population from within this group is higher in rural areas, where the number of women is also higher than the number of men from this group (fig.2).


Fig. 2. The evolution of the population from within 65-69 age group in Bihor County between 2005-2009

The study reveals that generally the elderly population from urban areas is lower than that of the rural areas. The rate of the elder population from urban areas within the $65-69$ age group is that of $40,9 \%$, meanwhile the rural areas population represented $59,1 \%$ in 2005. In 2009 the elderly population from the urban areas has increased to $44,5 \%$ while the rural areas population has decreased to $55,5 \%$.

The evolution of the number of elders from the two descent areas reveals a decrease of population, both in urban and in rural areas.

The elderly population from the 70-79 age group is characterized by an ascending evolution during the period 2005-2009. Thus, while in 2005 it represented a $7,1 \%$ from the entire population of the County, in 2009 it represented $7,3 \%$. As for the evolution of the number of elders by sexes, it turns out that the male population registers a steady $41,1 \%-40,7 \%$, with a slight decrease, while the female population increases progressively from 24822 in 2005 to 25979 in 2009. As to dynamics of the population according to its descent area, an increase of urban population between 20052009 is revealed. Both in urban and in rural areas the female population exceeds the male population (fig. 3).


Fig.3. The evolution of the elderly population of the 70-79 age group, in Bihor County between 2005-2009

The analysis of the balance of population that has crossed the age of 80 years reveals an increase from $2,33 \%$ in 2005 to $2,67 \%$ in 2009 from the general population of Bihor County.

Within this age group the difference between the two sexes is conserved; thus the female population is higher in both rural and urban areas (fig 4).

## Population percentage from the 80 and older age group of the entire population of Bihor County


$\square$ Population percentage from the 80 and older age group of the entire population of Bihor County

Fig.4. The evolution of the elderly population from the 80 and older age group in Bihor County between 2005-2009

Regarding the two descent areas, urban and rural, the demographic study reveals a more consistent representation of elders from within this group in the rural areas (fig. 5).


Fig.5. The balance of the elderly population from the 80 and older age group, according to areas of descent, in Bihor County between 2005-2009

As the population ages, a progressive increase of the number of elders is being revealed, which appears from the study of the demographic data of 80 and more age group in Bihor County. This increase is mirrored both in the overall number of persons belonging to this group, and in the number of elders from urban and rural areas.

These demographic data underline the fact that the 80 and more age group has the most accelerated growth pace, which is also mentioned in specialty studies.

Our County is also particularly careful with the elderly population (MS- DSP Bihor, 2004). The development of the sanitary service in Bihor County, the increase of the number of medical units, both public and private, the endowment with high technology equipment of some units, the emphasis on importance of the preventive medicine, the various programs involving the health of the elders, the interest of some charity societies shown in the medication of elders, certain programs and measures taken in the integration of the elders into society have lead, during these last years, to the increase of life expectancy, which is also mirrored by the high number of persons that have crossed the age of 80 years (Drugus L., 2002).

Discussions on the change of the relation between the number of the elders and the number of children in Bihor County between 2005-2009

One of the methods for measurement of the population aging is the analysis of the relation between the number of elders and the number of children (fig.6).


Fig.6. The relation between the number of old persons and children
The results of this analysis mirror the degree of population aging in Bihor County, between 2005-2009. It shows a slight increase of the aging degree, thus while in 2005, the value of the relation was 0,59 , in 2009 it reached 0,63 . It is estimated that the degree of the population aging has been constantly increasing in every year by 0.01 , between 2005-2009.

It might be assumed that the aging pace and the ratio of the numerical increase of the elders in Bihor County is higher than in other regions of the country. In Bihor County is also revealed by the available demographic data that the number of children decreases from 144259 in 2005 to 133745 in 2009, while the number of elders has increased to 85382 in 2008.

## Discussions on the balance of the elderly population within the general population of the County

The balance of the elderly population within the general population is another method for measuring the population aging.


Fig.7. The balance of the elderly population within the general population
During the studied period: 2005-2009, the population aging expressed by the balance of the elders within the general population has a peculiar evolution (fig 7).

In 2005 , the balance of elders was $14,36 \%$ from the general population. In 2006 this ratio increases slightly to $14,37 \%$, while in 2007 a decrease of the rate is being registered $-14,34 \%$. The balance of the elders increases in 2008 reaching a rate of $14,38 \%$, while in 2009 , by the end of the studied period, the balance of the elders is therefore decreased to 14,30\%.

The evolution of the mortality of elders in Bihor County between 20052009

Another important demographic phenomenon that affects the elders' ratio is mortality. The mortality of the persons over 65 years old in Bihor County has decreased from 2005 to 2009 (fig.8).


Fig.8. The evolution of the mortality of old persons over 65 years old in Bihor County between 2005-2009

A slight increase of the mortality of elders in 2009 is mirrored by the decrease of the balance of elders in 2009, thus the two demographic parameters are correlated (fig. 9).


Fig.9. The evolution of old persons` ratio within the general mortality
The mortality of the elder persons is much higher than the general mortality in Bihor County. The eventuality of a decease increases along with aging, thus the percentage values reveal that the ratio of the mortality of elders is rather high and varies between $74,7 \%$ in 2005 and $73,6 \%$ in 2009, from the overall deceases within the County. The population aging process shows high values, but during the last five years it is kept around a ratio of $14,35 \%$, hence lower than in other regions of Romania (Duda R, 1996).

## CONCLUSIONS

The demographic study of the population of Bihor County reveals a decrease of the general population during 2005-2009, while the number of old persons slightly increases in this period.

The 65-69 age group registers a decrease of the number of old persons during the period between 2005 and 2009. The decrease affects both sexes.

Within every age group comprised in our study, the number of women is bigger than the number of men.

The demographic study reveals a higher number of elders in rural areas rather than in urban ones during the studied period, i.e. 2005-2009.

The measurement of the population aging degree in Bihor County, by means of the relation between the number of elders and the number of children, has revealed a progressive increase of elderly population, mirrored through the values of this relation, which increase slightly throughout the period 2005-2009.

The balance of elderly population within the general population of Bihor County between 2005-2009 shows, through the results of the demographic study, an increase of population aging degree.

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